

TEN TEN LIFE TO THE FULL	Module 1: Created and Loved by God				Module 2: Created to Love Others			Module 3: Created to live in community	
	Unit 1: Religious understanding	Unit 2: Me, my body, my health	Unit 3: Emotional well-being	Unit 4: Life Cycles	Unit 1: Religious Understanding	Unit 2: Personal Relationships	Unit 3: Keeping Safe	Unit 1: Religious Understanding	Unit 2: Living in the wider world
Key Stage One Year 1: Blue Year 2: Yellow	Story Sessions: Handmade with love (Kester's Adventures)	Session 1: I am Unique (Me) Session 2: Girls and Boys (My Body) Session 3: Clean and Healthy (My health)	Session 1: Feelings, likes and dislikes Session 2: Feeling inside out Session 3: Super Susie gets angry	Session 1: The cycle of life	Session 1: God loves you	Session 1: Special People Session 2: Treat others well Session 3: And say sorry	Session 1: Being Safe Session 2: Good secrets and bad secrets Session 3: Physical contact	Session 1: Trinity house Session 2: Who is my neighbour?	Session 1: The communities we live in
Lower Key Stage Two Year 3: Green Year 4: Pink	Story Sessions: Designed for a purpose (Kester's Adventures) Session 1: The Sacraments	Session 1: We don't have to be the same Session 2: Respecting our bodies Session 3: What is puberty? (Year 4) Session 4: Changing bodies (Year 4)	Session 1: What am I feeling? Session 2: What am I looking at? Session 3: I am thankfull!	Session 1: Life Cycles (Year 4)	Story Sessions: Jesus, my friend	Session 1: Friends, family and others Session 2: When things feel bad	Session 1: Sharing online Session 2: Chatting online Session 3: Physical contact	Session 1: Trinity House Session 2: What is the Church?	Session 1: How do I love others?
Upper Key Stage Two Year 5: Grey Year 6: Brown	Story Sessions: Made to grow (Kester's Adventures)	Session 1: Gifts and Talents Session 2: Girls' bodies Session 3: Boy's bodies Session 4: Spots and sleep	Session 1: Body image Session 2: Peculiar feelings Session 3: Emotional Changes Session 4: Seeing stuff online	Session 1: Making Babies part 1 Session 2: Making babies part 2 (Optional) Session 3: Menstruation	Session 1: Is God calling you?	Session 1: Under pressure Session 2: Do you want a piece of cake? Session 3: Self-talk	Session 1: Sharing online Session 2: Chatting online Session 3: Physical contact	Session 1: Trinity House Session 2: Catholic social teaching	Session 1: Reaching out